

Be Creative!

Make a uniquely "YOU" labyrinth. See our [resources](#) for drawing and making labyrinths. Think about different materials or objects you could use that say something about your interests or environment. You could make your labyrinth indoors or outdoors.

Be Compassionate!

Bring a sense of care and kindness into the present moment. Create a heart in the centre of your labyrinth, or sprinkle over tiny cut-out hearts, or mindfully draw little hearts at particular turns in the labyrinth with a special intention and compassionately honour your current individual or community focus.

Friday 1 May 2020

World Labyrinth Day in Schools

To celebrate World Labyrinth Day in Schools this year, in these extraordinary circumstances, we suggest featuring finger labyrinths since most of us will be home-based and socially distanced. Alternatively, if you have a garden or home labyrinth, please adapt our suggested activities and actions and enjoy them in the same way

Option 1

Be Connected!

Take a photo of your work and upload it [here](#) to share with kids all over the world who are taking part in World Labyrinth Day in Schools. As our global home rotates there will be uploads happening in different time zones over at least a day, so keep your eye on [this page](#) and be part of our global peace wave.

Be Reflective!

As you walk your labyrinth with your finger, think about all the people in your home, school, community, and in our global community. Think about the changes everyone is experiencing. What would be your message of peace and hope for all of your global neighbours?

Be Strategic!

Write your message of peace and hope along the pathway of your labyrinth, if you can. Alternatively, write it on pieces of paper, or sticky notes or anything else you can think of and place them around the outside of your labyrinth.